

Ramadan Kareem

We have now approached the 9th month of the Islamic calendar month meaning it is Ramadan!

Ramadan Kareem to all those that are celebrating this holy month!

We hope you have a lovely month and enjoy Ramadan!

Starting 10/03/2024

What is Ramadan?



Ramadan is the most important month on the Islamic calendar. During this month God revealed the first verses of the holy Quran to the beloved Prophet Mohammed. During Ramadan Muslims fast from sunrise to sunset, they worship God through prayer and reading the holy Quran and also committing other good deeds, for example visiting the mosque and giving charity.



Ramadan Timings

As we know fasting starts from sunrise and ends at sunset during a prayer called Maghrib, when the call to Maghrib prayer begins Muslims break their fast usually with a date and water, they then have a meal.

Muslims can then eat and drink as they like until its sunrise again. When the call to Fajr prayer begins (sunrise) Muslims stop eating till sunset prayer called (Maghrib).

There is an app called 'Muslim Pro' that can be downloaded to track prayer time and breaking fast timings too!



How to be supportive during this time?

Ramadan is a period of time where community and family matters. To be supportive to a young person you can get involved with activities such as cooking together before its time to break fast.

You could also take the child to a local mosque to pray one of the 5 prayers a day! Doing this will make the child feel the excitement of Ramadan and also allows them to not miss out on the enjoyment and it shows the child that you are supportive and embracing their religion.

Eid

Evening of Tue, 9 Apr 2024 – Wed, 10 Apr 2024

After 30 days of fasting, Eid-ul-Fitr marks the end of Ramadan and is a significant religious holiday celebrated by Muslims world wide.

On this joyous occasion Muslims come together to pray, share meals and exchange gifts. its a time of gratitude, forgiveness, spreading love and kindness.

Loved ones gather to celebrate, wearing new clothes and participating in festive activities.

Its a meaningful time for Muslims to connect with their faith and strengthen bonds with their loved ones.