

# Family First Fostering

413 High Street, Stratford, London, E15 4QZ  
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HANDS  
FACE  
SPACE

## COVID-19 UPDATE

24/09/2020

### Coronavirus Symptoms:

- ✓ High Temperature
- ✓ A New, Continuous Cough
- ✓ A Loss Of, Or Change To, Your Sense of Smell or Taste

### Meeting with Others Safely (Social Distancing)

Limits on the number of people you can see socially have changed. From Monday 14 September, when meeting friends and family you do not live with (or have formed a support bubble with) **you must not meet in a group of more than 6, indoors or outdoors.**

This is against the law and the police will have the powers to enforce these legal limits, including to issue **finest of £100**, doubling for further breaches up to a maximum of £3,200.

#### When seeing friends and family you do not live with you should:

- meet in **groups of 6** or less
- follow **social distancing** rules
- **limit how many different people you see** socially over a short period of time
- **meet people outdoors** where practical: meeting people outdoors is safer than meeting people indoors because fresh air provides better ventilation

Please visit

<https://www.gov.uk/government/publications/coronavirus-covid-19-meeting-with-others-safely-social-distancing/coronavirus-covid-19-meeting-with-others-safely-social-distancing>

to view exceptions where groups can be larger than 6 people

A support bubble is where a household with one adult joins with another household

SSWs will continue to carry out their usual home visits – please let them know if anyone in your household displays any symptoms or comes into contact with anyone who has.

Households within a bubble can still visit each other, stay overnight, and visit public places together

**Local Restrictions: areas with an outbreak of coronavirus (COVID-19) – as of 21<sup>st</sup> September 2020**

- **Bolton**
- **Greater Manchester**
  - City of Manchester
  - Trafford
  - Bury
  - Tameside
  - Rochdale
  - Salford
  - Oldham
- **Leicester**
  - Oadby & Wigstone\*
- **Northampton (Greencore)**
- **North East of England**
  - Durham
  - Gateshead
  - Newcastle
  - Northumberland
  - North Tyneside
  - South Tyneside
  - Sunderland
- **North West of England**
  - Pendle
  - Blackburn with Darwen
  - Halton \*
  - Lancashire \*
  - Merseyside \*
  - Warrington\*
- **West Midlands**
  - Birmingham
  - Sandwell
  - Solihull
  - Wolverhampton\*
- **West Yorkshire**
  - Bradford
  - Calderdale
  - Kirklees

\* from Tuesday 22<sup>nd</sup> September 2020

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## If you live in one of the affected areas, in order to help prevent the spread of coronavirus:

- **You must not** host people you do not live with in your home or garden, unless they're in your support bubble
- **You must not** meet people you do not live with in their home or garden, whether inside or outside of the affected areas unless they're in your support bubble
- Your household is only the people you live with and any support bubble.

For more information please visit

<https://www.gov.uk/government/collections/local-restrictions-areas-with-an-outbreak-of-coronavirus-covid-19>

## There are 3 simple actions we must all do to keep on protecting each other



**Wash Hands Regularly**



**Cover Face in Enclosed Spaces**



**Stay at least 2 metres apart**

### WEAR A FACE COVERING IN:

- ✓ INDOOR PLACES
- ✓ PRIVATE HIRE VEHICLES/TAXIS
- ✓ HOSPITALITY VENUES
- ✓ WHERE SOCIAL DISTANCING MAY BE DIFFICULT AND WHERE YOU COME INTO CONTACT WITH PEOPLE YOU DO NOT NORMALLY MEET

Office workers who can work from home so do so over the winter

### Please visit

<https://www.gov.uk/coronavirus>  
for further details

If you have any queries please contact your SSW or the office